

Oxfordshire Health & Wellbeing Board

Oxfordshire's Joint Health & Wellbeing Strategy

2012 - 2016



Summary for public consultation – May/June

Oxfordshire's Draft Joint Health & Wellbeing Strategy

Oxfordshire's draft Joint Health & Wellbeing Strategy aims to say what we want to do to improve the health and wellbeing of children, young people, families, adults and older people in the county. It explains how the Health & Wellbeing Board plans to do this by working with people in different organisations, like health services and local authorities. We have chosen 11 of the most important issues because we think that if all organisations work together on these, as a priority, we can make a real difference.

Why now?

The aim is to make sure we work better together to improve everyone's health and wellbeing, especially those who have health problems or are in difficult circumstances. There has been a new Health and Social Care Act which says that everyone should be more involved in making these decisions – not just a few people or those that 'shout loudest'! So we want your views and ideas about the priorities we're suggesting.



What do we already know?

We have collected lots of useful information which tells us who lives in Oxfordshire, what we are doing well and what the problems are. This report, called the Joint Strategic Needs Assessment (JSNA), tells us what we need to be planning for. It tells us which parts of the population are growing the most, how we are doing compared to other parts of the country and where we need to improve. For instance, we know we need to plan for an increasing number of older people and their carers in Oxfordshire so we can make sure people are cared for well. The JSNA also tells us that some areas of the county and some people have poorer health and poorer opportunities in life and that there are some persistent problems which we need to tackle. We use this knowledge to improve how people who live in Oxfordshire get help with health, care and education.

Who decided that these were the priorities?

The new Health & Wellbeing Board has decided the priorities after lengthy discussions. The Board includes councillors, GPs, directors of services and the Chair of the Local Involvement Network (representing the views of the public in Oxfordshire). It is chaired by the Leader of the County Council, and the Vice Chair is the Lead GP for the Oxfordshire Clinical Commissioning Group (which plans and pays for health services). We have also used information from consultations which tell us what's important for you, and what helps you most.

We want your views and ideas about the priorities we're suggesting

So, what are the proposed priorities?

For adults . . .

1. Joining up of health and social care services to improve services for older people and their carers.
2. Supporting older people to live with dignity whilst reducing their need for care and support through, for instance, reablement services which increase independence and enable people to stay in their own homes.
3. Supporting adults with long-term health conditions, physical or learning difficulties or mental health problems to live independently and achieve their potential, for instance through independent living, self-management of their disability/illness, education opportunities etc.



For children and young people . . .

4. Keeping all children and young people safe.
5. Raising achievement for all children and young people – at primary, secondary and special schools, colleges and for school leavers.
6. Making sure our most disadvantaged and vulnerable children and young people, do as well as they can.
7. Making sure all children have a healthy start in life and stay healthy into adulthood, by, for instance, preventing self-harm and supporting those with mental health problems.



For health improvement . . .

8. Preventing early death and improving the quality of life in later years, e.g. by reducing the numbers of smokers, and increasing numbers of people having health checks.
9. Preventing chronic disease by tackling obesity, (unhealthy weight), for instance, by increasing the numbers of people who take regular exercise.
10. Improving housing as poor/overcrowded housing is linked with poor health.
11. Preventing infectious disease through immunisation.



There are also some issues that cut across all of our priorities such as mental health, housing and poverty.

To make sure we know whether we're improving, we have set ourselves some targets for each of the priorities. These can be seen in the Joint Health & Wellbeing Strategy consultation draft on pages 8 to 16 at the following link: <http://bit.ly/health-wellbeing-strategy>

So – we'd really like to hear your views on the following questions:

a) Have we got our priorities right?

b) Have we got our targets right?

c) What else should we include?

d) Are there any other comments that you would like to make?

To find out more and let us know your views ...

Give us your feedback and have your say on the proposed Joint Health & Wellbeing Strategy by completing our survey, attending a workshop, or commenting on the full strategy document.

You can complete the questionnaire or find out more at: <http://bit.ly/health-wellbeing-strategy> or, by contacting us:

Email: talking.health@oxfordshirepct.nhs.uk

Phone: **01865 323625**

You can also write to us with your views at:

Communications & Engagement
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